Representative Policy Board

Finance Committee

South Central Connecticut Regional Water District 90 Sargent Drive, New Haven, Connecticut

Or

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AGENDA

Regular Meeting of Monday, August 12, 2024 at 5:00 p.m.

- 1. Safety Moment
- 2. Approval of Minutes July 9, 2024 and July 31, 2024 special meetings
- 3. Consider and act on recommendation to the Representative Policy Board regarding completeness, mode, and date of public hearing Authority's Application for Issuance Test Rate Application ("Application")
- 4. New Business
- 5. Next regular meeting Monday, September 9, 2024 at 5:00 p.m.
- 6. Adjourn

Members of the public may attend the meeting in person or via remote access using instructions at the top of the agenda. To view meeting documents, please visit https://tinyurl.com/yfwn7awc. For questions, contact the board office at 203-401-2515 or by email at jslubowski@rwater.com.

SAFETY MOMENT

OCCUPATIONAL WELLNESS

Occupational wellness is the ability to achieve a balance between work and leisure in a way that promotes health, a sense of personal satisfaction and is (for most) financially rewarding.

Signs of unwellness include stress, burnout, unmotivation, decreased productivity, low concentration, digestive issues, low communication, negativity, disorganization, anxiety and depression.

Below are some tips to help improve your occupational wellness:

- Don't settle, keep motivated, and work towards what you want
- Increase your knowledge and skills to accomplish your goals
- Find the benefits and positives in your current job
- Enjoy what you do, do what you enjoy
- Create connections with your co-workers
- Write out goals, create a plan to execute them, and then start working on your plan
- Look for something new and/or talk to a counselor if you feel stuck or unhappy

Service - Teamwork - Accountability - Respect - Safety







