

**Representative Policy Board**  
**South Central Connecticut Regional Water District**  
90 Sargent Drive, New Haven, CT 06511

or

**\*\*Dial in by phone**

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Phone conference ID: 443 841 45#

**AGENDA**

**Regular Meeting of Thursday, March 27, 2025 at 6:30 p.m.**

- I Safety Moment
- II Public Comment: The time limit granted to each speaker shall be three (3) minutes. Residents and customers may address the Board.
- III Approval of Minutes – February 27, 2025 meeting
- IV Communications
  - A. Finance Committee – FY 2026 Budget review meeting on Monday, April 7, 2025 at 5:00 pm (regular meeting for Committee)
  - B. Land Use Committee and Consumer Affairs Committee meeting – joint budget meeting on Thursday, April 17, 2025 at 5:30 pm (special meeting)
- V Reports
  - A. Finance Committee
  - B. Land Use Committee
  - C. Consumer Affairs Committee
  - D. Authority/Management
- VI Adjourn

**\*\*** Members of the public may attend the meeting in person or by conference call. To view meeting documents please visit <https://tinyurl.com/2ppnjbyr>. For questions, contact the board office at 203-401-2515 or by email at [jslubowski@rwater.com](mailto:jslubowski@rwater.com).

## Monthly Safety Topic

### Title: Make sure you stretch!



Regional Water Authority

### Activity/Process

“Make sure you stretch!” is something we often hear before or after we participate in any sort of exercise. But is stretching that good for you? What exactly are the benefits of having a regular stretching routine? Let's explore the benefits of stretching below.

#### #1. Increasing Flexibility to Prevent Injury

- By increasing flexibility, or engaging in regular flexibility training, we can reduce the risk of muscle imbalances.
- When muscle imbalances exist, the body will take the path of least resistance when performing various movement patterns. This leads to poor posture, which leads to improper movement and form, which increases the risk of injury.

#### #2. Reducing Inflammation

- Flexibility training can reduce inflammation! Poor posture and repetitive movements that decrease or antagonize the body's range of motion are treated by the body as an injury. As a result, the body will try and heal that injury.
- Injury induces inflammation in the body, and as a protective mechanism, the body will increase muscle tension to prevent further injury. That increase in muscle tension increases muscle adhesions (commonly known as “knots”), which further decrease the normal movement or elasticity of your muscle.

#### #3. Improving Strength

- Flexibility can improve your strength and performance in physical activities. The goal of flexibility is to have control of your muscles in a full range of motion. So, improving your flexibility is also improving your strength!
- Furthermore, if your muscles are sore or stiff you may not be able to engage in explosive movements or perform as well during your training.

#### #4. Freedom of Movement

- Flexibility allows freedom of movement to perform everyday activities such as bending over to tie your shoes, lifting groceries, and vacuuming the floor. These are things that can become more difficult as we age, so we want to engage in a stretching routine regularly, so these everyday activities don't become difficult.

#### #5. Relaxation and Relief

- Stretching provides relaxation and relief! Which is beneficial not only physically but mentally as well!

#### **Summary:**

Stretching is an important aspect of any fitness routine whether you're an elite-level athlete or starting an exercise program for the first time. Increased flexibility has various health benefits that will improve quality of life and increase overall fitness and performance.



**Representative Policy Board  
South Central Connecticut Regional Water District  
Minutes of February 27, 2025 Meeting**

The regular meeting of the Representative Policy Board (“RPB”) of the South Central Connecticut Regional Water District took place on Thursday, February 27, 2025, at 90 Sargent Drive, New Haven, Connecticut, and via remote access. Chair Harvey presided.

**PRESENT**

**RPB**

|                |                        |
|----------------|------------------------|
| Ansonia        | Thomas P. Clifford III |
| Beacon Falls   | Peter Betkoski(R)      |
| Bethany        | Brian Eitzer(R)        |
| Branford       | Carolyn Mancini        |
| Cheshire       | Timothy Slocum         |
| East Haven     | Michelle Verderame(R)  |
| Guilford       | Charles Havrda(R)      |
| Hamden         | Stephen Mongillo       |
| Killingworth   | Jamie Mowat Young      |
| Madison        | Joseph A. Oslander     |
| New Haven      | Naomi Campbell         |
| North Branford | Peter DeSantis(R)      |
| North Haven    | James X. DiCarlo(R)    |
| Orange         | Jasper J. Jaser        |
| Prospect       | Robert E. Harvey, Jr.  |
| Seymour        | Mike Horbal(R)         |
| West Haven     | T. Gregory Malloy      |
| Woodbridge     | Mark Levine(R)         |
| Governor’s Rep | Vincent M. Marino(R)   |

**Absent**

|         |               |
|---------|---------------|
| Derby   | Frank Pepe    |
| Milford | Richard Smith |

**Regional Water Authority**

David Borowy(R)  
Kevin Curseaden(R)  
Catherine LaMarr  
Mario Ricozzi  
Suzanne Sack(R)

**Management**

Sunny Lakshminarayanan  
Rochelle Kowalski  
Elizabeth Calo(R)  
Jim Hill  
Premjith Lakshman Singh

**Counsel**

Bruce McDermott, Esq.(R)

**Office of Consumer Affairs**

Jeffrey Donofrio, Esq.(R)

**Staff**

Jennifer Slubowski

**Call to Order**

Chair Harvey called the meeting to order at 6:30 p.m. He reviewed the Safety Moment handout distributed to members.

**Public Comment**

Chair Harvey offered the opportunity for members of the public to comment. There were no members of the public present at the meeting.

**Minutes**

On motion made by Mr. Malloy, seconded by Ms. Young, the RPB approved the minutes of its January 23, 2025 meeting as distributed, with 83 total weighted votes cast in the affirmative.

|                  |     |              |     |               |     |
|------------------|-----|--------------|-----|---------------|-----|
| Ansonia (3)      | Aye | Guilford (4) | Aye | No. Haven (5) | Aye |
| Beacon Falls (0) | Aye | Hamden (10)  | Aye | Orange (3)    | Aye |

|                |         |                  |        |                |     |
|----------------|---------|------------------|--------|----------------|-----|
| Bethany (5)    | Aye     | Killingworth (2) | Aye    | Prospect (1)   | Aye |
| Branford (6)   | Abstain | Madison (6)      | Aye    | Seymour (1)    | Aye |
| Cheshire (4)   | Aye     | Milford (11)     | Absent | West Haven (8) | Aye |
| Derby (2)      | Absent  | New Haven (13)   | Aye    | Woodbridge (3) | Aye |
| East Haven (6) | Aye     | No. Branford (8) | Aye    | Gov. Rep. (1)  | Aye |

Chair Harvey introduced the newly appointed RPB Representative from Branford, Carolyn Mancini, who was present at the meeting.

### Communications

Chair Harvey stated no ethics compliance violations for the period ended November 30, 2024.

### Items for Consideration and Action

Mr. Betkoski moved for approval of the following resolutions:

**RESOLVED**, that the proposed Findings of Fact, Conclusions of Law and Final Decision of the Representative Policy Board (“RPB”), with respect to the South Central Connecticut Regional Water Authority’s (“RWA”) application for the disposition of 56 Squantuck Road in Seymour, Connecticut, dated October 28, 2024 (“Application”), which copy is attached hereto, be and hereby is, approved in the form submitted to the meeting; and

**FURTHER RESOLVED** that the RPB hereby approves the Application and authorizes the RWA’s Interim President & Chief Executive Officer (“CEO”) to execute all necessary documents to finalize the transaction. In the absence of the Interim President & CEO, the RWA’s Real Estate Manager is authorized to sign in his place.

Mr. Malloy seconded the motion. The Chair called for the vote and the motion was approved with 83 total weighted votes cast in the affirmative.

|                  |         |                  |        |                |     |
|------------------|---------|------------------|--------|----------------|-----|
| Ansonia (3)      | Aye     | Guilford (4)     | Aye    | No. Haven (5)  | Aye |
| Beacon Falls (0) | Aye     | Hamden (10)      | Aye    | Orange (3)     | Aye |
| Bethany (5)      | Aye     | Killingworth (2) | Aye    | Prospect (1)   | Aye |
| Branford (6)     | Abstain | Madison (6)      | Aye    | Seymour (1)    | Aye |
| Cheshire (4)     | Aye     | Milford (11)     | Absent | West Haven (8) | Aye |
| Derby (2)        | Absent  | New Haven (13)   | Aye    | Woodbridge (3) | Aye |
| East Haven (6)   | Aye     | No. Branford (8) | Aye    | Gov. Rep. (1)  | Aye |

Ms. Campbell moved for approval of the following resolution:

**WHEREAS**, the South Central Connecticut Regional Water Authority submitted proposed revisions to its *Rules and Regulations for Water Service and its Rules, Regulations and Rates Governing the Extension of Water Mains* to the Representative Policy Board (“RPB”) for its consideration and approval; and

**WHEREAS**, the Representative Policy Board Consumer Affairs Committee reviewed the proposed revisions at its January 27, 2025 meeting and recommended the changes to the RPB for approval.

**NOW, THEREFORE BE IT RESOLVED**, that the proposed revisions to the South Central Connecticut Regional Water Authority’s *Rules and Regulations for Water Service and its Rules, Regulations and Rates Governing the Extension of Water Mains*, be and hereby are approved substantially in the form submitted to the meeting.

Mr. Slocum seconded the motion. The Chair called for the vote and the motion was approved with 83 total weighted votes cast in the affirmative.

|                  |         |                  |        |                |     |
|------------------|---------|------------------|--------|----------------|-----|
| Ansonia (3)      | Aye     | Guilford (4)     | Aye    | No. Haven (5)  | Aye |
| Beacon Falls (0) | Aye     | Hamden (10)      | Aye    | Orange (3)     | Aye |
| Bethany (5)      | Aye     | Killingworth (2) | Aye    | Prospect (1)   | Aye |
| Branford (6)     | Abstain | Madison (6)      | Aye    | Seymour (1)    | Aye |
| Cheshire (4)     | Aye     | Milford (11)     | Absent | West Haven (8) | Aye |
| Derby (2)        | Absent  | New Haven (13)   | Aye    | Woodbridge (3) | Aye |
| East Haven (6)   | Aye     | No. Branford (8) | Aye    | Gov. Rep. (1)  | Aye |

## Reports

**Finance Committee** – Mr. Marino, Chair of the Finance Committee, reported on the committee meeting earlier in the month. The Committee met on February 10, 2025 and received an update from management on the lead & copper regulation revisions, including the vacuum excavation status and the completion of the initial inventory submission. He noted that the discussion related to the Five Member Authority compensation study would be pushed to the May meeting, to not interfere with the FY 2026 budget presentation in April.

The next meeting is on March 10, 2025.

**Land Use Committee** – Mr. Levine, Chair of the Land Use Committee, reported on the Committee meeting earlier in the month. The Committee met on February 12, 2025 and received an update from a representative of the Connecticut Agricultural Experiment Station on invasive bugs. He noted that water storage was at 76%.

**Consumer Affairs Committee** – Ms. Campbell, Chair of the RPB Consumer Affairs Committee, reported on the Committee meeting last month. The Committee met on January 27<sup>th</sup> and RPB members should refer the minutes from the meeting.

The Committee also met on February 24, 2025 and received an update from management on the RWA's Customer Experience & Escalation Process, and the Office of Consumer Affairs reported on four matters.

She also commented on a Corporate Responsiveness Report distributed to RPB members.

The next meeting is on March 17, 2025.

**Authority/Management** – Mr. Borowy, Chair of the Authority, reported on the Authority meeting earlier in the day. He stated that the Authority also met as the Audit-Risk Committee and the Strategic Planning Committee.

Ms. LaMarr, Chair of the Audit-Risk Committee, reported on the meeting earlier in the day. The Committee met with RWA's external auditor, CliftonLarsonAllen, to review the FY 2025 audit plan.

Ms. Sack, Chair of the Strategic Planning Committee, reported on the meeting earlier in the day. She stated that the Committee met with management to receive a six-month update on RWA's FY 2025 strategic initiatives and the FY 2026 strategic plan.

Mr. Lakshminarayanan, the RWA's Interim President and Chief Executive Officer:

- Reported that he and the RWA’s Senior Vice President, Chief Financial Officer & Head of Corporation Development, Ms. Kowalski, are conducting regular meetings with town legislators to provide updates of the regional supply strategy.
- Noted Ms. Sack’s report on management’s strategic plan for the remainder of this fiscal year and next fiscal year.
- Communicated that he has been conducting bi-weekly mini town halls to engage with employees and address inquiries.

Mr. Lakshminarayanan reviewed revenues, operating and maintenance expenses for the month ended January 31, 2025, and stated the projected maintenance test for FY 2025 is 119%, with no shortfall. Contributing to the higher coverage is the May 2024 refunding, the timing of the Drinking Water State Revolving Fund closings, the July acquisition, and higher interest income.

He also reported that raw water storage as of February 10, 2025 was 77%, compared to the long-term average of 80%. Rainfall totaled 27.13 inches, which was 4.69 inches lower than the long-term average of 31.82.

RPB members discussed various current matters.

Mr. Levine reported that he met last week with the Woodbridge Selectman, Mr. Lakshminarayanan and Ms. Kowalski. He stated it was an informative and productive meeting.

Chair Harvey acknowledged Atty. Donofrio of the Office of Consumer Affairs who had nothing to report.

The next RPB meeting is on Thursday, March 27, 2025. Chair Harvey reminded RPB members of the upcoming FY 2026 Budget review meetings of the Finance Committee on Monday, April 7, 2025 and the Consumer Affairs Land Use Committee’s joint meeting on Thursday, April 17, 2025.

At 7:01 p.m., on motion made by Mr. Clifford and seconded by Mr. Levine, the RPB voted to adjourn, with 89 total weighted votes cast in the affirmative.

|                  |        |                  |        |                |     |
|------------------|--------|------------------|--------|----------------|-----|
| Ansonia (3)      | Aye    | Guilford (4)     | Aye    | No. Haven (5)  | Aye |
| Beacon Falls (0) | Aye    | Hamden (10)      | Aye    | Orange (3)     | Aye |
| Bethany (5)      | Aye    | Killingworth (2) | Aye    | Prospect (1)   | Aye |
| Branford (6)     | Aye    | Madison (6)      | Aye    | Seymour (1)    | Aye |
| Cheshire (4)     | Aye    | Milford (11)     | Absent | West Haven (8) | Aye |
| Derby (2)        | Absent | New Haven (13)   | Aye    | Woodbridge (3) | Aye |
| East Haven (6)   | Aye    | No. Branford (8) | Aye    | Gov. Rep. (1)  | Aye |

Respectfully submitted,

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Jamie Mowat Young, Secretary

(R) = Attended remotely.